



2011 RUGBY UNION SQUAD SCHOLARSHIP NOMINATION INFORMATION

Program Benefits

The Illawarra Academy of Sport is an independent sporting organisation that provides the opportunity and encouragement for talented athletes to achieve excellence in sport.

Rugby union scholarship holders will undertake an intensive off-season development program which aims to enhance progress to higher levels within the sport. Scholarships are offered for a twelve-month period, and scholarship athletes are expected to attend all sessions and events as outlined in the program.

The benefits of an Academy rugby union scholarship include exposure to high quality coaching, individualised skill and technical training, sports science and fitness training, uniforms and specialised training equipment, personal development activities, education sessions and competition.

The program includes coaching sessions held across the region in Shoalhaven, Kiama, Southern Highlands and Wollongong.

Sponsors & Supporters

The Academy rugby union program is supported by ARU and IDRU and is sponsored by Pubstay and the Australian Hoteliers Association (Illawarra)

Costs

The Academy covers costs associated with core scholarship coaching, education and athletic assessment. Scholarship holders are required to pay for a uniform contribution and costs for tours and camps. The cost to scholarship holders in 2010 was approximately \$500 which included the NSW RU Waratah Camp, the Academy Games tour to Armidale and a uniform contribution. It would be anticipated that similar costs will be involved for the 2011 program.

Eligibility

To be eligible for a Scholarship, athletes must:

- Reside within the Southern Council Group (SCG), Wollongong, Shellharbour, Kiama, Shoalhaven and Wingecarribee
- Must be affiliated with NSW RU through a club based in the SCG.
- Age requirement: born in 1995 or 1996

Selection Criteria

Satisfy the eligibility criteria and selection process;

- Demonstrate potential to be selected for NSW Country or higher within 12 months.
- Complete the performance standards assessment administered at the final trial.
- Attend the selection trials for the IDRU junior representative teams for 2011.
- Demonstrate dedication to improving performance.
- Display an ability to apply coaching & technical instruction.

Selection Process

Stage 1 - Nominate to trial	Close Mon 6 Sept 2010	IAS website
Stage 2 - Attend trial	Mon 13 Sept 2010	University of Wollongong
Stage 3 - Invitation to final trial	by Friday 1 Oct 2010	via SMS / Email
Stage 4 - Attend final trial (by invitation only)	Mon 11 Oct 2010	University of Wollongong
Stage 5 - Invitation to interview	Tues 12 Oct 2010	TBC
Stage 6 - <u>1st Year Athletes</u> (& parents) attend interview	Wed 13 Oct 2010	Various Locations
Stage 7 - Notification of scholarship offer (by mail)	Thurs 14 Oct 2010	via Post
Stage 8 - Sign agreement accepting scholarship terms	14-17 Oct 2010	Bring to Induction
Stage 9 - Attend athlete induction	Sun 17 Oct 2010	University of Wollongong

To submit a nomination form please visit:

www.ias.org.au